

SOLIHULL WOMEN'S STRIDE SQUAD

WALK TOGETHER • FEEL SAFER • NOBODY WALKS ALONE

JOIN OUR FRIENDLY WOMEN'S COMMUNITY WALKS AT
MALVERN & BRUETON PARK, SOLIHULL
(MEET AT THE NEW ROAD ENTRANCE GATES)

WEDNESDAY EVENING WALK
MEET: 6:45PM
WALK STARTS: 7:00PM

FRIDAY MORNING WALK
MEET: 9:45AM
WALK STARTS: 10:00AM

- ♥ ALL WOMEN WELCOME
- ♥ FRIENDLY VOLUNTEER WALK BUDDIES
- ♥ FIRST AID TRAINED TEAM
- ♥ HI-VIS & WALKIE-TALKIES FOR SAFETY
- ♥ SUPPORTIVE, JUDGEMENT-FREE ENVIRONMENT
- ♥ WALK AT YOUR OWN PACE



**SOLIHULL WOMEN'S
STRIDE SQUAD**

COME ALONG, MEET NEW PEOPLE AND ENJOY WALKING IN A SAFE, SUPPORTIVE GROUP.
NO BOOKING • NO MEMBERSHIP • JUST TURN UP • FREE TO JOIN

FREE PARKING AVAILABLE AT MALVERN PARK CAR PARK B91 3DL
(FRIDAY MORNINGS TICKET NEEDED FREE FOR 2 HOURS)

★ AS FEATURED ON
BBC MIDLANDS TODAY

